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Centre for  
Epidemiology  
and Community  
Dentistry



***“Orofacial Pain, and Headache as symptoms of stress, anxiety and depression: an 'Integrated Treatment’ according to Ayurvedic Medicine”***

Friday 24<sup>th</sup> and Saturday 25<sup>th</sup> November 2006, Dental Building Ospedale San Paolo. Milan

**Speakers:**

**Riccardo Ciancaglini**

Professor and Chairman Clinical Gnatology. University of Milan

**Snyder Spencer**

Practitioner and Trainer in Ayurvedic Therapy. University of New York  
Consultant for Complex Ayurvedic Treatments. Miami, Bad Antogast

**Karin Hennings**

Director, Sri Sri Ayurveda Europe. Bad Antogast, Germany

**Bheema Bhat**

Chairman Department of Ayurvedic Medicine.  
Holy Family Hospital, New Delhi

## Topics:

- **Chronic pain**, neuralgia and headache: pathophysiological, psychological and cognitive-behavioural aspects
- **Clinical and theoretical significance of Stress Medicine**
- **The concept of health, wellbeing, therapy and rehabilitation:** organical, psychoneuroendocrinological and spiritual aspects
- **Ayurveda: a science for life**, based on the ancient vedic culture
- **The somatic constitution according to Ayurvedic Medicine:**  
*the three doshas.*
- **Diet and life style** according to Ayurvedic Principles
- **Specific ayurvedic treatments:** (manipulative, Panchakarma, detoxification, etc.),
- **Therapeutic strategies for chronic pain:** muscolosckeltal pain, neuralgia and headache

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